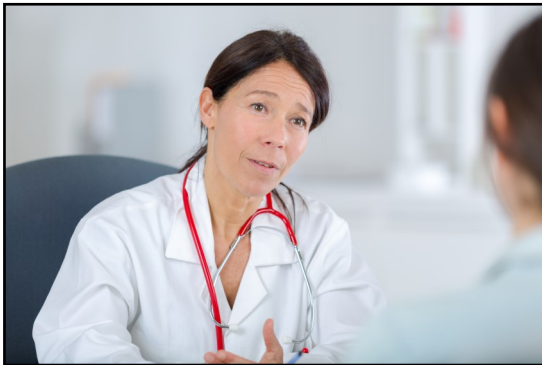


Talk to your doctor

- Cannabis is a drug and can have side effects, or make a prescribed drug not work as expected. It can make some health problems worse. Talk to your doctor about the potential risks of using cannabis.¹
- There are currently more than 2,000 different strains and varieties of cannabis. Their effects on the mind and body may vary greatly from person to person.
- Cannabis can be ingested by smoking and vaporizing, or by edible products. How it affects a person depends on the method of ingestion and potency.



To learn more about Humboldt Allies for Substance Abuse Prevention visit humboldtasap.wordpress.com



REV 8/3/2017

Cannabis, Alcohol & Other Drug Programs in Humboldt County humboldt.gov/AODServices

- **Department of Health & Human Services Alcohol & Other Drug Treatment Programs**
720 Wood St., Eureka, CA 95501
707-476-4054
- **Department of Health & Human Services Healthy Moms Program** (assessment and referrals only)
2910 H St., Eureka, CA 95501
707-441-5220
- **Adolescent Treatment Program**
1711 Third St., Eureka, CA 95501
707-268-3370
- **Alcohol & Drug Care Services, Inc.**
1335 C St., Eureka, CA 95501
707-445-DTOX, 707-445-3869
- **Marijuana Anonymous Humboldt County**
Church of the Joyful Healer, Room 5
1944 Central Ave., McKinleyville, CA 95519
707-834-3211
- **United Indian Health Services**
1600 Weott Way, Arcata, CA 95521
707-825-5060
- **Department of Health & Human Services Alcohol & Other Drug Prevention Program**
908 Seventh St., Eureka, CA 95501
707-268-2132

Southern Humboldt

- **Redwoods Rural Health Center**
101 West Coast Road, Redway, CA 95560
707-923-2783

Eastern Humboldt

- **K'ima:w Medical Center**
535 Airport Road, Hoopa, CA 95546
530-625-4261 ext. 450

What you need to know about

DRIVING and CANNABIS



KNOW THE FACTS

Cannabis affects judgment and coordination. It also slows reaction time.²⁻⁴

Cannabis and Driving Ability

- Driving under the influence of cannabis may double the chance of being in an accident with serious injury or death.⁵
- Cannabis may cause mental impairment and alter perception. It can make it hard to pay attention to driving and make it difficult to stay in the correct lane.³

“Impaired drivers present a clear risk to public safety, regardless of the legal status of the drug causing their impairment. Therefore, we prosecute all cases in which impairment can be proven.”

—Maggie Fleming

Humboldt County District Attorney



Cannabis, Driving and the Law

- Cannabis is a drug, and it is against the law to drive under the influence of any drug. CVC 23152 (e)
- A 215 medical cannabis card isn't a license to drive under the influence.
- Driving under the influence of drugs or alcohol can result in arrest, loss of driver's license and costly fines.



REMEMBER :

Give your keys to a sober driver if you have used cannabis, alcohol or other drugs.



Sources and further reading

1. *Mayo Clinic Natural Standard Patient Monograph Drugs & Supplements: Marijuana (Cannabis sativa)*, 2017.
2. *The effects of cannabis and alcohol on simulated arterial driving: Influences of driving experience and task demand.* Accident, Analysis, and Prevention, May 2010.
3. *Cannabis effects on driving skills.* Clinical Chemistry. December, 2013
4. *Cannabis effects on driving lateral control with and without alcohol.* Drug Alcohol Dependence, September 2015.
5. *Acute cannabis consumption and motor vehicle collision risk: systematic review of observational studies and meta-analysis.* British Medical Journal, February 2012.

